WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chicken Pizza With Potatoes wedges	Cottage Pie	Roast Cajun Chicken with Yorkshire Pudding Roast Potatoes	Keema Curry Rice & Naan Bread	Fishcake With Chips
VEGETARIAN MAIN DISH	Tomato and Vegetable Pizza's With Potatoes wedges (5 A DAY)	Meat free Meat Balls Tricolour Fusilli Garlic Brea (5 A DAY)	Quorn Pieces With Yorkshires Pudding & Roast potatoes	Quo Spicy Vegetable and Bean Biryani served with Mini Naan (♥)	Cheese Roll served with Chips
ACCOMPANIMENTS (5 A DAY)	Baked Beans	Peas	Carrots	Sweetcorn	Baked Beans Chips Salad Bar
DESSERTS	Iced Fruit Sponge (5 A DAY)	Flapjack	Chocolate Cake with Chocolate Sauce	Fruit Jelly (5 A DAY)	Oat Fruit Biscuit
FRESH FRUIT & YOGHURT (♥)	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection	Jacket Potato and Sandwich Selection

Mellors

MENU

Quench your thirst with free fresh drinking water available daily

5 A DAY - 1 OF YOUR 5 A DAY

♥ - HEALTHY OPTION