



# Farnham Primary School

## Physical Education

### Intent

At Farnham it is our intent for all of our pupils to confidently and enthusiastically engage in fun, high-quality Physical Education lessons that set the foundations for a healthy, active lifestyle. Our lessons are carefully planned to ensure they are fully inclusive so that all children can succeed and excel in both competitive situations as well as a range of physically-demanding activities. We ensure that lessons are progressive from Nursery all the way through to Key Stage Two. It is also important that our children are able to develop personal attributes through these lessons that allow them to build character, show sportsmanship and embed values such as respect and fairness.

### Implementation

Children at Farnham engage in weekly PE lessons taught by school staff or trained coaches. They also have timetabled lunchtime activities to embed these skills. Lessons are tailored to meet the interests of our children and offer a mix of games, gymnastics, dance and athletics activities throughout the academic year. This wide range of sporting activities allows children to develop their own strengths as well as learn new skills and acknowledge the strengths of their peers. We offer a wide variety of afterschool clubs that allow children to continue their love of sporting activities.

We work together with our coaching staff to ensure that all children receive high-quality lessons bursting with participation. As well as teaching them the correct movements, skills and rules of the games, we also ensure that children are using the correct vocabulary and terminology in their lessons. Children are given the chance to apply the skills they learn in competitive situations with the other schools from our Academy. As with all our subjects, we like to celebrate our successes and we pride ourselves with an end of year sporting event for the whole school and the school family to take part in. This is a chance to demonstrate children's physical achievements as well as the wonderful sportsmanship attributes they have learnt at Farnham.

